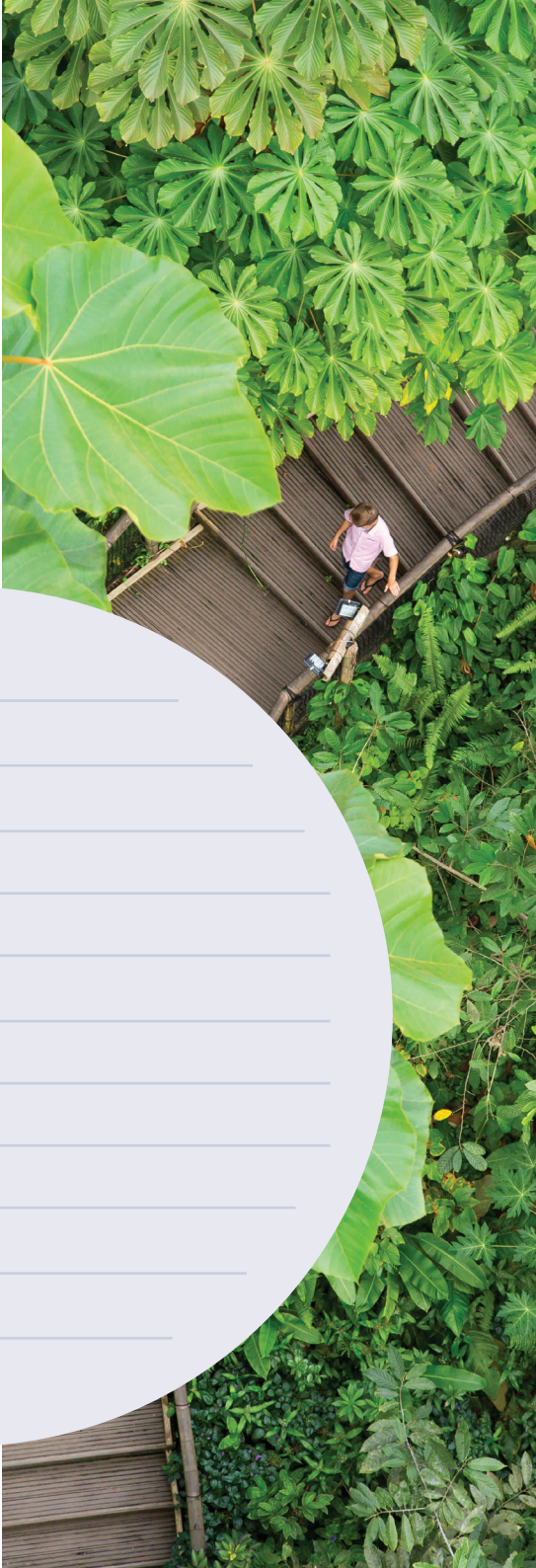


YOUR GOAL

SET YOURSELF A GOAL FOR THE COMING WEEKS OR MONTHS. WRITE IT HERE:

A large, light blue circle with horizontal lines inside, intended for writing a goal. The circle is positioned on the left side of the page, overlapping the background image.

YOUR GOAL

WHAT WILL YOU ACTUALLY DO TO HELP YOU ACHIEVE YOUR GOAL?

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HOW WILL YOU KNOW WHEN YOU'VE ACHIEVED IT?
